

# Self-Help Centres

## **Shangri-La Community Development Project – 5 Residents**

Cnr Ovington & Palladio Streets, CE2, Vanderbijlpark, 1900  
P O Box 2731, Vanderbijlpark, 1911  
Tel: 016 933 1771 Fax: 016 981 3750  
Email: [shangri@netactive.co.za](mailto:shangri@netactive.co.za)

## **Impumelelo – 7 Residents**

4 Marsabit Street, Pollak Park, Springs, 1559  
P O Box 241, Springs, 1560  
Tel: 011 817 4033  
Fax: 086 664 3851  
Email: [impumelelo@absamail.co.za](mailto:impumelelo@absamail.co.za)



## **Tokologo Self-help Centre for Quadriplegics – 7 Residents**

3 Milkplum Street, Protea Glen Ext 1  
P O Box 51116, Protea Glen, 1819  
Tel: 011 987 1005  
Fax: 011 987 7965  
Email: [tokologo@telkomsa.net](mailto:tokologo@telkomsa.net)



## **Ry-Ma-In Self-help Centre – 11 Residents**

40 5<sup>th</sup> Street, Linden 2195  
P O Box 48301, Roosevelt Park, 2129  
Tel: 011 888 3335 Fax: 086 646 7761  
E-mail : [Ry\\_ma\\_in@telkomsa.net](mailto:Ry_ma_in@telkomsa.net)

## **Ashley Village – 14 Residents**

19 & 23 Second Avenue, Ashley, 3610  
P O Box 10406, Ashwood, 3605  
Tel: 031 701 7444  
Fax: 031 702 6832  
Email: [ng@itelsa.net](mailto:ng@itelsa.net)



## **Quad House PE – 4 Residents**

47 Worraker Street, Newtonpark, PE  
Tel: 041 364 2271  
Fax: 086 503 7590  
Email: [qaec@iburst.co.za](mailto:qaec@iburst.co.za)

## **House Quasar – 6 Residents**

5 Inthlabati Street, Parow, 7500  
Tel: 021 939 7824  
Fax: 021 939 3377  
Email: [info@quassar.co.za](mailto:info@quassar.co.za)



## **House Andries Olivier – 12 Residents**

18 Hafele Street, Durbanville, 7550  
P O Box 3254, Durbanville, 7551  
Tel: 021 975 5459  
Fax: 086 538 7877  
Email: [quads@telkomsa.net](mailto:quads@telkomsa.net)



## **Masonic House – 7 Residents**

9 Gazelle Crescent, Uitzicht, 7551  
P O Box 1793, Durbanville, 7551  
Tel: 021 979 1490  
Fax: 086 509 4827  
Email: [quadhome@telkomsa.net](mailto:quadhome@telkomsa.net)



## **Lat Wiel – 12 Residents**

123 Green Street, Parktown, 0084  
Tel: 012 335 6802  
Fax: 086 519 6802  
Email: [info@latwiel.co.za](mailto:info@latwiel.co.za)

## **Wiele Welkom – 7 Residents**

271 Gannet Street, Wierda Park, 0149  
P O Box 54777, Wierda Park, 0149  
Tel: 071 883 3723 or 076 691 8524  
Email: [kabelo.mopeli@za.nestle.com](mailto:kabelo.mopeli@za.nestle.com)  
Email: [zamoptlinn@outlook.com](mailto:zamoptlinn@outlook.com)

## **Huisservaas - 17 Residents**

18 Dr. Yusuf Dadoo Ave, Wilkoppies, Klerksdorp, 2571 P O  
Box 6404, Flamwood, 2752  
Tel: 018 468 8303  
Fax: 018 468 8303  
Email: [huisservaas@telkomsa.net](mailto:huisservaas@telkomsa.net)



## **Huis Otto – 5 Residents**

36 Stinkhout Avenue, Birchleigh, Kempton Park, 1618  
P O Box 6850, Birchleigh, 1621  
Tel: 011 972 0199  
Fax: 086 766 9720  
Email: [quadotto@telkomsa.net](mailto:quadotto@telkomsa.net)



## **Remme-Los - 8 Residents**

23 Boxwood Road, Primrose, 1401  
P O Box 785, Germiston, 1401  
Tel: 011 828 7002  
Fax: 086 554 1222  
Email: [Remme-los@absamail.co.za](mailto:Remme-los@absamail.co.za)

